



FONDATION
USJ

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Université Saint-Joseph de Beyrouth
Saint Joseph University of Beirut
جامعة القديس يوسف في بيروت



Faculty of Medicine
Institute of Occupational Therapy

Call for Support
Creation of an Occupational Therapy Practice Facility

More
MODERNITY



USJ
TOUJOURS
plus

USJ
ASPIRE
For more

**FUNDRAISING
CAMPAIGN
150 YEARS OF
USJ**



One of the pillars of our new fundraising campaign “USJ, Aspire for More”, launched as part of the Saint Joseph University of Beirut’s (USJ) 150th anniversary celebration in 2025, is to achieve “More Modernity.” This initiative aims to acquire essential equipment or replace faulty or obsolete materials in laboratories, care centers, and classrooms across our faculties.

Equipping these spaces with modern facilities is crucial for maintaining our university’s status as a knowledge generator. This initiative is essential for USJ to continue its mission and remain a center of excellence at the forefront of knowledge and technology.

1. PROJECT TITLE

Creation of an Occupational Therapy Practice Facility

2. APPLICANT

Institute of Occupational Therapy at the Saint Joseph University of Beirut (USJ) and *Fondation USJ*.

3. LOCATION

This project is taking place in Lebanon, at the Innovation and Sports Campus (CIS), Building B, 2nd floor, in the multipurpose room, across from the IET offices.

4. PROJECT OVERVIEW AND OBJECTIVES

This facility will integrate a Center for Diagnosis and Occupational Therapy (CDSE), a Center for Occupational Therapy Simulation (CSE), a workshop for creating assistive devices/orthoses (ACATO), and a practice room. Establishing this facility will offer occupational therapy students an academic environment to enhance their professional skills.

Center for Occupational Diagnosis and Therapy (CDSE)

The establishment of CDSE is critical in response to the increasing demand for occupational therapy services, originating from the Center for Speech and Language Diagnosis and Therapy (CDSO) and the Center for Psychomotor Diagnosis and Therapy (CDSP), and individual patients seeking specialized care.

The CDSE development is urgent to meet the growing demand for patient care and provide supervised practical training for students.

CDSE will serve as:

- An internship facility for final-year students closely supervised by professional instructors and clinical supervisors appointed by the Institute.
- A facility for diagnosing and conducting occupational therapy assessments based on the latest relevant conceptual models.
- A rehabilitation center based on evidence-based practices.
- A hub promoting higher standards of professional learning through standardized training norms.
- An academic training site providing real-world practical experience.
- A hub for interdisciplinary rehabilitation research projects.

Center for Occupational Therapy Simulation (CSE)

Healthcare simulation is an educational tool based on experiential learning. Its dual benefit lies in providing observing students with learning opportunities equal to those directly participating in the simulation.

The healthcare simulation enables students to:

- Develop technical (know-how) and non-technical (soft skills) competencies through scenarios that simulate real-life clinical situations.
- Apply technical procedures in patient care practice.
- Reinforce and refine skills and knowledge through repetition.
- Gain new insights and experience in interventions with underserved populations in Lebanon.
- Create a secure environment for analyzing errors, both physically and psychologically, fostering a non-judgmental and supportive environment.
- Foster the development of diverse skills, especially teamwork and interdisciplinary collaboration.

Workshop for Creating Assistive Devices/Orthoses (ACATO)

The creation of assistive devices and orthoses is essential to the practice and expertise of occupational therapists. When individuals experience functional impairments, therapists may customize tools to improve functionality, prevent, or correct deformities.

This workshop serves a dual purpose:

- It offers a dedicated space for students to apply and refine their skills in designing and creating personalized assistive devices/orthoses.
- It offers a service to fulfill orthotic requests from patients of CDSE and other beneficiaries.

Practice Room

This entire facility (CDSE, CSE, and ACATO) will be used for practical sessions across various courses in the program.

5. FACILITY SETUP AND REQUIREMENTS

Given that this facility will accommodate the four mentioned areas, it is essential to equip it to meet the specific requirements of each:

- An entrance area.
- A therapeutic apartment including an adapted bathroom, an adapted kitchen, and two simulation rooms (bedroom, living room).
- Three rehabilitation rooms.
- One room for ACATO.
- A classroom equipped with screens connected to cameras in the rooms.

In addition to the local arrangements, several equipment items still need to be acquired:

- Therapeutic furniture (electric bed, adjustable-height table, Bobath bed, patient lift systems, mattresses, etc.).
- Therapeutic equipment for physical exercise and sensory stimulation.
- Equipment for the therapeutic apartment:
 - Kitchen items (cups, glasses, plates, pans, bowls, spoons, etc.).
 - Bathroom supplies (towels, soap dish, grab bars, etc.).
 - Bedroom essentials (clothes, hangers, iron and ironing board, grooming utensils, etc.).
 - Living room furniture (sofa, table, rug, etc.).
- Office furniture (cabinets, desks, chairs, etc.).

6. TARGET BENEFICIARIES

Patients receiving tailored occupational therapy follow-up.

Occupational therapy students enhancing their skills through practical training under the supervision of instructors.

The scientific community benefiting from research endeavors aimed at advancing occupational therapy knowledge.

7. RESOURCES

To fund this project, we seek the solidarity and generosity of donors interested in supporting the Institute of Occupational Therapy.

8. FINANCIAL ASSISTANCE REQUEST

50,000 USD (fifty thousand US dollars).

9. DETAILED BUDGET

| Description | Price |
|--|------------------|
| Facility setup (space allocation, ventilation and lighting systems, etc.) | \$ 20,000 |
| Equipment to acquire (therapeutic furniture, therapeutic materials, office furniture) (see Appendix 1) | \$ 17,000 |
| Facility setup and equipment for the therapeutic apartment (see Appendix 2) | \$ 13,000 |
| Total | \$ 50,000 |

10. PROJECT RESULTS AND REPORTING

● Results

The expected outcomes are:

- Improved patient reception and follow-up.
- Enhanced student training environment, enabling confident application of knowledge and skills upon entering the workforce.
- Increased academic publications.

● Transparency

We will send donors a detailed narrative report outlining the impact of the donation, as well as a financial report on the equipment acquisition.

Annually, we distribute an impact report to the USJ community, as well as friends and donors.

For your donation: <https://www.usj.edu.lb/donations/>

For more information, please contact Fondation USJ:

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Beirut 1104 2020

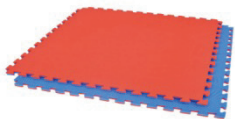


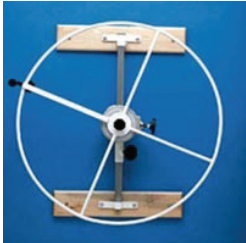
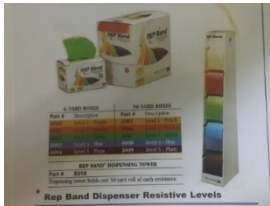

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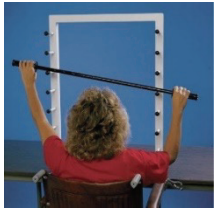








Email: fondationusj@usj.edu.lb



Annex 1: Equipment to Acquire




| Equipement | Photo | Approximate Price |
|-------------------------------------|--|-------------------|
| Electric bed |  | \$ 800 |
| Bobath bed (electric) |  | \$ 1,500 |
| Bobath bed (manual) |  | \$ 350 |
| Transfer belt |  | \$ 50 |
| Adjustable-height table |  | \$ 550 |
| Adjustable-height table - hydraulic |  | \$ 180 |
| Patient lift systems |  | \$ 1,300 |
| Stools |  | \$ 150 |
| Ajustable finger ladder |  | \$ 200 |
| Detaching bars |  | \$ 450 |
| 20 Exercise mats |  | \$ 400 |

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|------------------------------------|--|----------|
| Mat |  | \$ 300 |
| Therapeutic balls of various sizes |  | \$ 150 |
| Cabinets for storing equipment |  | \$ 2,000 |
| Kids table and chairs set |  | \$ 300 |
| Calibrated shoulder wheel |  | \$ 400 |
| Various resistance bands |  | \$ 150 |
| Digiflex |  | \$ 150 |
| Dumbbells |  | \$ 50 |
| Silicone eggs |  | \$ 120 |

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|----------------------------|--|----------|
| Weight bags |  | \$ 120 |
| Exercise bars |  | \$ 180 |
| Reception room desk |  | \$ 500 |
| Therapy room desk |  | \$ 250 |
| 2 Office chairs |  | \$ 500 |
| 4 chairs |  | \$ 450 |
| 4 Cabinets |  | \$ 1,200 |
| Reception benches |  | \$ 600 |
| Sensory stimulation corner |  | \$ 2,000 |
| Sensory stimulation games |  | \$ 700 |

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|--------------------------------|--|-----------|
| Gross motor stimulation kit |  | \$ 800 |
| Dressing frames |  | \$ 150 |
| Total equipment to be acquired | | \$ 17,000 |

Annex 2: Facility Setup and Equipment for the Therapeutic Apartment

| Description | Photo | Approximate Price |
|--|--|-------------------|
| Kitchen area with utensils (cups, glasses, plates, pans, bowls, spoons, etc.) |  | \$ 7,000 |
| Bathroom area with essentials (towels, soap dish, grab bars, etc.) |  | \$ 4,000 |
| Bedroom area with essentials (clothes, hangers, iron and ironing board, grooming utensils, etc.) |  | \$ 1,000 |
| Living room area with furniture (sofa, table, rug, etc.) | | \$ 1,000 |
| Total for the facility setup and equipment for the therapeutic apartment | | \$ 13,000 |