

Mentalization-Based Therapy (MBT) Initial Training

Learn to mentalize in complex situations!



3 DAYS TRAINING WITH PR. MARTIN DEBBANÉ

from Anna Freud Training Center



UNIVERSITÉ
DE GENÈVE



RF-TBM
Le réseau francophone
des thérapies basées sur la
MENTALISATION



In partnership with Saint Joseph University of
Beirut



Oct 30, 31 – Nov 1
9:00am – 5:30 pm

USJ, CAMPUS DES SCIENCES HUMAINES, RUE DE DAMAS, FLSH

REGISTER NOW!

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CREDITS APPROVED BY LOPSY

SERIAL NB: 25 167

REGISTRATION FEES

\$950

About Martin Debbané

Martin Debbané is a Full Professor of Clinical Psychology at the Faculty of Psychology and Educational Sciences (FPSE) at the University of Geneva, and a Full Professor of Psychopathology in London at University College London.



He directs the Developmental Clinical Psychology Unit at the University of Geneva, where he conducts research in the fields of developmental psychopathology and contemporary psychodynamics.

In his clinical practice since 2005, Martin Debbané was trained in psychoanalytic psychotherapy and subsequently specialized in contemporary psychodynamic psychotherapy.

More specifically, he is a certified practitioner, trainer, and supervisor for mentalization-based psychotherapeutic treatments by the Anna Freud Center, and the founder of the French-speaking Network of Mentalization-Based Therapies (RF-TBM) 1-3. Since 2017 he has supervised hospital and medical-psychological clinical teams, and supported the implementation of psychotherapeutic care in hospitals.



6 BENEFITS *of* MBT TRAINING



Initial training
required to
become an MBT
practitioner

Eligibility to begin
supervision with a
certified MBT
supervisor

Possibility to
practice MBT with
the population of
your choice:

*children, adolescents,
adults, couples, or
families.*

You'll get 21
hours of in-
person training

Official
certificates
delivered by:

*RF-TBM in partnership
with UCL & Université de
Genève, **USJ** and **Evlove***

16
credits approved
by LOPSY

MBT TRAINING

schedule

OCTOBER

30

THEORETICAL FOUNDATIONS OF THE MENTALIZATION-BASED APPROACH

- Therapeutic Stance
- Mentalizing Process

4:00 PM - 7:00 PM

OCTOBER

31

IDENTIFICATION OF PRE-MENTALIZATION MODES

- Basic Interventions
- Group Work | Role-Playing

8:30 AM - 5:30 PM

NOVEMBER



1

FUNCTIONAL ANALYSIS OF SELF-HARMFUL BEHAVIORS

- Mentalization in a Group Context
- Adherence and Skills Grid

8:30 AM - 5:30 PM

with Pr. Martin Debbané

in partnership with  

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