



TRAINING OF TRAINERS CERTIFICATION

EMPOWER YOURSELF TO TEACH, INSPIRE, AND LEAD WITH CONFIDENCE.





GOAL OF THE TRAINING

Participants will develop their skills in designing and delivering engaging training sessions that emphasize active learner participation, skill-building, and knowledge retention. By applying adult learning principles, utilizing diverse interactive instructional methods, and adopting a participant-centered approach, they will gain expertise in effective communication, active listening, and facilitation to address varied learning needs and achieve targeted training goals.



Who Should Attend

- Trainers, facilitators, and educators seeking to enhance their instructional design and facilitation skills.
- Professionals and team leaders responsible for conducting in-house or external training sessions.
- HR and learning & development specialists aiming to improve employee training and capacity-building initiatives.
- Consultants and subject-matter experts who wish to translate their expertise into engaging, learner-centered programs.
- Anyone interested in adult education or capacity building and looking to develop a structured, impactful approach to training.

Learning Objectives

BY THE END OF THE TRAINING, PARTICIPANTS WILL BE ABLE TO:

- Explain the foundational principles of adult learning (andragogy) and demonstrate how to adapt training to meet the diverse needs and preferences of adult learners.
- Develop and structure training programs using the ADDIE Model.
- Conduct training needs assessments to identify and analyze learning gaps, define target audiences, and establish specific training objectives.
- Formulate clear, SMART learning objectives that align with the desired outcomes of the training.
- Implement a participant-centered approach by designing and facilitating training sessions that prioritize active learner engagement and participation.
- Create and customize training materials and content, ensuring relevance to the context, audience, and chosen delivery modality.
- Utilize a variety of instructional strategies and active learning methods to enhance knowledge retention and skill acquisition.
- Facilitate training sessions effectively, incorporating active listening, ground rules, and constructive feedback to create a productive and inclusive learning environment.
- Assess and analyze training sessions using well-defined criteria to measure participant engagement, evaluate learning outcomes, and identify opportunities for improvement.

Program Information



DATES

January 7, 9, 12, 14, 21, 23, 2026

Duration: 21 hours (7 sessions)

(Class Hours: 18 hours | Presentation: 3 hours)



TIMING | MODALITY | LOCATION

Timing: 5:30 - 8:30 pm Modality: In-person

Location: The Professional Training Center,

Campus of Innovation and Sports (CIS),

USJ, Beirut.



REGISTRATION

Deadline: December 30, 2025

Click Here to Register



FEES

\$450

EARLY BIRD Book before December 7, 2025

\$390



Meet Your Trainer

DR. TAGHRID DIAB



Dr. Taghrid Diab holds a PhD in Education and has extensive expertise in instructional design and empowering educators to implement modern technologies and active learning techniques. With over 23 years of experience in teaching, training, and program design across various fields, including training of trainers, teaching methodologies, and environmental education.



Contact

The Professional Training Center Damascus Road, Beirut, Lebanon, 17-5208

+961 1 421 000 - Ext 1361 +961 70 119 341

cfp@usj.edu.lb www.usj.edu.lb/cfp

©@CFP.USJ FCFP.USJ

Linked in CFP-USJ/

