





The Leader's Shift.

FROM REACTIVE TO CONSCIOUS.
FROM TRADITIONAL TO TRANSFORMATIVE.





Building Future-Ready Leaders

This advanced leadership program, developed in collaboration between CFP-USJ and Konsult, is designed to build future-ready, emotionally intelligent, and strategically agile leaders. Through 35 hours of in-depth learning, the curriculum equips participants with the tools to lead from within, design resilient strategies, navigate technology, and foster inclusive cultures. Each module blends cutting-edge research, practical tools, and real-world applications to ensure impactful learning.



Who Should Attend

- Mid- and senior-level leaders
- Managers and team supervisors
- Professionals stepping into leadership roles
- HR, L&D, and People & Culture specialists
- Entrepreneurs and founders
- Anyone leading teams through change, complexity, or growth

Learning Objectives

- Strengthen self-awareness and emotional mastery.
- Lead with trust, authenticity, and conscious presence.
- Design and communicate clear strategic visions.
- Apply creative, agile, and innovative leadership approaches.
- Coach individuals and teams effectively.
- Navigate complexity using systems thinking.
- Use AI ethically to enhance leadership decisions.
- Foster well-being, inclusion, and resilience.
- Shape sustainable and purpose-driven organizational cultures.

Learning Outcomes

By the end of this program, participants will be able to:

- Demonstrate self-awareness and regulate emotions to lead with presence.
- Communicate authentically and build trust-based relationships.
- Apply design thinking and agile principles to strategy and problem-solving.
- Craft and communicate a clear, inspiring vision.
- Foster creativity, innovation, and cross-team collaboration.
- Conduct effective coaching conversations and facilitate psychological safety.
- Use systems thinking to navigate complexity and lead across silos.
- Understand Al's role in leadership and apply ethical, datainformed decisions.
- Promote well-being, inclusion, and resilience within teams.
- Lead cultural transformation through purpose, storytelling, and sustainable practices.

Training Modules

Module 1: Leading from Within

Self-Mastery, Presence & Emotional Precision

This module merges human insight with technological intelligence. Participants will learn to coach with depth, leverage Al responsibly, and think in systems. It equips leaders to engage their teams meaningfully while navigating data, ethics, and digital complexity.

Module 2: Architecting Vision

Strategic Design Thinking, Innovation & Agility

This foundational module empowers leaders to understand and master their internal state. Drawing on conscious leadership, applied NLP, and emotional intelligence, participants will cultivate presence, regulate reactions, and develop leadership from the inside out. The module emphasizes how internal clarity translates into external impact.

Module 3: The Augmented Leader

AI, Systems Thinking & Coaching Intelligence

This module empowers leaders to think like designers—merging visionary strategy with adaptable systems thinking. Participants will learn to lead with clarity in complexity, foster cultures of innovation, and adapt faster through agile frameworks.

Module 4: The Regenerative Culture

Leading Wellbeing, Inclusion & Long-Term Impact

This closing module focuses on leadership sustainability, emotional well-being, and cultural regeneration. Participants will learn how to embed purpose, resilience, and belonging into the heart of their teams and organizations.

Program Information



DATES

January 28, 30, 2026

February 4, 6, 11, 13, 18, 20, 25, 27, 2026

Duration: 35 hours (10 sessions)



TIMING | MODALITY | LOCATION

Timing: 5:00 - 8:30 pm Modality: In-person

Location: The Professional Training Center,

Campus of Innovation and Sports (CIS),

USJ, Beirut.



REGISTRATION

Deadline: January 21, 2026

Click Here to Register



FEES

\$1100\$

Meet Your Trainers

CHRISTIANE HAJJAR

TRANSFORMATIONAL COACH | IMAGE & LIFESTYLE EXPERT | CORPORATE TRAINER

With 23+ years of experience, Christiane Hajjar is a trailblazer in image consulting and transformational coaching in the Middle East. The region's first certified image consultant, she founded Imag'In in 2004 and later created Silk & Skills™, blending coaching psychology with her inside-out approach to leadership and personal development. An ICF-accredited coach, she helps leaders and women build authentic confidence, presence, and impact. Christiane has worked with major regional and international organizations and remains active in education and well-being initiatives.



MAXWELL LEADERSHIP CERTIFIED TRAINER & PUBLIC SPEAKING STRATEGIST



Fady G. Bader is a Maxwell Leadership Certified Trainer, TEDx organizer and speaker, and one of Lebanon's leading public speaking coaches. He empowers students, entrepreneurs, and executives to speak with confidence and authenticity through his renowned programs, including Public Speaking Like a Pro and Public Speaking Mastery. A pioneer in using VR and immersive technology for public speaking training in Lebanon, he delivers cutting-edge **learning** experiences grounded in emotional intelligence, storytelling, and the Maxwell Leadership philosophy.

Meet Your Trainers

GEORGE EL GHAFARY

ORGANIZATIONAL TRANSFORMATION & PROBLEM-SOLVING SPECIALIST

George El Ghafary is a Systems Practitioner, design thinking strategic expert, and social entrepreneur with over 12 years of experience leading complex programs across Lebanon's humanitarian, cultural, and development sectors. He specializes in systems thinking, problem-solving, and organizational transformation, supporting leaders and teams navigating uncertainty, addressing root-cause challenges, and designing sustainable, future-ready solutions.

MOHAMAD MERHI

AI & DIGITAL TRANSFORMATION CONSULTANT



Mohamad Merhi is an AI and digital transformation consultant with 20+ years of experience helping organizations in the UK, GCC, and Europe achieve growth and operational excellence. He is CEO of CreativeTechy and co-founder of BiteRight, a UK-based health-tech startup using AI for personalized nutrition. Holding a PhD in Technology Adoption, he advises enterprises and public-sector organizations on AI, automation, and digital strategy to build innovative, future-ready organizations.

Meet Your Trainers

MONA MAKKAWI

EXECUTIVE & LEADERSHIP COACH |
BUSINESS TRANSFORMATION CONSULTANT |
CERTIFIED CORPORATE TRAINER

Mona Makkawi is a seasoned senior executive and founder with over 20 years of experience in strategic human capital and organizational development, working with top-tier firms across the Gulf and Lebanon. An ICF-accredited Executive & Leadership Coach and Certified Corporate Director (IFC), she leadership development specializes in transformation. Her organizational approach combines strategic business insight with people expertise, empowering leaders to enhance executive presence, build trust, and achieve sustainable, highimpact results through conscious communication and emotional intelligence.



NADA JREISSATI

EXECUTIVE & LEADERSHIP COACH (ICF MCC), AI-POWERED COACHING EXPERT, AND FOUNDER & CEO OF PRAGMADOMS.

Nada Jreissati is an ICF Master Certified Coach (MCC) with 20+ years of experience coaching leaders across the MENA and GCC regions. She is the Founder & CEO of PragmaDoms, a leading leadership development firm operating in Lebanon, UAE, and Egypt. A Harvard Advisory Council Member, INSEAD Executive Coach, and ICF Subject Matter Expert, Nada has trained and mentored hundreds of coaches and helped organizations across industries enhance leadership effectiveness, team performance, and retention through a results-driven, Al-informed coaching approach.





Contact

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