



Maitland Australian Physiotherapy Seminars

Essential Spinal Seminar

Maitland Australian Physiotherapy Seminars (MAPS) is the largest U.S. provider of Evidence-Based Continuing Education courses for rehabilitation clinicians in Maitland-based manual therapy

Wednesday,
April 22nd:

•8:00AM-
5:00PM

Thursday,
April 23rd:

•8:00AM-
5:00PM

Friday, April
24th:

•8:00AM-
5:00PM

Public: Physiotherapists

Place: Physiotherapy Institute, Innovation and sport campus, Damascus road

Number of hours: 25 hours

Participation fees: 500 \$
5 ECTS credits

Limited places: 20

Validation: Certificate from Maitland Australian Physiotherapy Seminars

For inscription call: 01 421 622
Before 21th of march 2015



http://www.ozpt.com/research_commentary.php

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Course Description

Introduction to the Maitland-Australian concept of assessment and treatment for the Spine. Emphasis is on the Cervical, Thoracic (including rib articulations) and Lumbar spine. Neurodynamic assessments are introduced.

May be taken as first course in the series. Principles of assessment/treatment are addressed in supervised lab sessions with live patient demonstrations. Management of pain-dominant (pathophysiological) and stiffness-dominant (pathomechanical) disorders are taught extensively. Techniques of assessment and treatment include physiological and accessory movements, which are directed very specifically to individual spinal segments.

Course Objectives

Course participants upon completion will be able to:

1. Conduct a subjective & physical exam of the spine based upon principles of assessment as described by G. Maitland and other manual P.T.s.
2. Understand and apply the principles of treating pain & stiffness using manual therapy.
3. Understand and apply Maitland's clinical reasoning model, including the eight clinical hypothesis categories per M. Jones and D.Rivett.
4. Properly apply five grades of passive movement to the spinal region.
5. Select the most effective treatment & examination techniques for the spinal patient, based upon accurate and specific diagnostic clinical assessment.
6. Develop skills in differential assessment and diagnosis.
7. Develop the ability to quickly and effectively treat patients with spinal conditions.
8. Enhance proficiency in the use of Lumbar rotations and Neurodynamics.