





LEARN A NEW LANGUAGE



While on lockdown, just choose a language learning application like "Duolingo" or "Memorise" to learn or whatever language you like. You will also find millions of videos on YouTube.

The best part? There are all FREE resources!

to learn faster: open your Netflix account and watch series or movies in this language. Don't forget that you are LEARNING, so turn on subtitles.

THIS IS YOUR CHANCE! DON'T MISS IT!







UPDATE YOUR CV



When was the last time you updated your CV, cover letter, and professional accounts? Maybe before you got your recent job or when it was an assignment. Right?

It is time to go back to that forgotten document.

Review your CV, update your professional experience, your skills and the formatting. Refresh the contact information and have a look at your references. Don't forget to update your profile and the "About section" on f.

AN UPDATED CV FOR FUTURE JOB OPPORTUNITIES!







ORGANIZE YOUR MESSY COMPUTER DESKTOP

Are you searching and searching again for a file but never find it?



Well, because your desktop is too messy! All you have to do is: To create and subfolders;

your most used app/folder/ to the taskbar; what you don't use anymore; and tuck away what you don't need frequently.

Still need help? Download any "desktop organizer wallpapers" you will find online

ORGANIZE IT, AND FIND YOUR FILES MUCH EASIER







READ



Be honest. How many books do you have on the shelf right now? 10? 30? 50? Have you already lost count?

While staying home, pick a great book and get lost in it. In case you don't have any, you can find all book genres online and for free!

And if you hate reading e-books, you can order your favorite one from any bookstore or library that delivers to your doorstep. Just be careful; disinfect it then go for it!

MAKE AN EFFORT, NOT AN EXCUSE!







WARDROBE ORGANIZATION



Take the lockdown as a chance to declutter your wardrobe.

- Separate your clothes into categories (pants, shirts, skirts...)
- Get rid of the outdated clothes
- Keep your shirts and tops as visible as possible by segregating them based on colors
- If you have a limited space, you can use baskets or boxes in which you can roll your t-shirts and pajamas
- Donate what you don't use anymore to charity or pass them to friends/ family

LET YOUR MORNING ROUTINE BE MUCH EASIER!







TAKE ONLINE COURSES



It is true that COVID-19 has put the world on hold. But this doesn't mean that you have to put your education on hold.

Sharpen your skills, discover new hobbies and learn something new by taking online courses.

You can choose whatever subject you want (communication, leadership, design thinking, intellectual property etc.)

KEEP YOURSELF BUSY IN A SMART WAY!







GARDENING



Gardening is a good idea to relieve the boredom during the coronavirus pandemic. Even if you can't go out to buy your favorite plants, you can still do it!

Since supermarkets are open, you can buy some seeds and plant them. Mow your lawn, trim the hedges, the bushes and the trees.

If you think you can't do it or you don't know how to do it, just make a small effort and watch a tutorial on YouTube.

TURN COUCH POTATOES INTO REAL POTATOES!







PLAY BOARD GAMES





So why not spend it with family? Instead of scrolling through News Feed on f and o you can play with your family. Bring your favorite board game and get started.

You can play: Monopoly, Chess, Scrabble, Uno, Cards, Backgammon ...

One more helpful hint: Go mode and enjoy your family time!

FAMILY TIME IS THE BEST TIME!







TRY A FITNESS CHALLENGE

Undoubtedly, you have missed gym. Right?



While you are stuck at home, you can make your own gym. Download any fitness application and let it be your virtual personal trainer. It will lift your mood and you will stay healthy at home and FOR FREE.

Just be careful; don't push too hard early on and don't miss to warm up before you start. Here is a list of applications you can download:

- Workout: Gym Routines Planner
- My Diet Coach
- Couch to 5k Runner
- 30 Day Workout at Home

ENDURE THE PAIN, ENJOY THE GAIN







DIY SOMETHING NEW



Remember all those times you said you would do something creative but couldn't find a spare minute? Here is your chance!

Transform those tired and old pieces of furniture into something new, modern and incredible. Let your old bed, for example, become a cheerful or turn the wooden cable drum into a cool

You can even DIY something easier like a cell phone case, a T-shirt or a picture frame. It is a good way to distract yourself.

It allows you to focus and gives you a feeling of satisfaction, because in those tough times all we need is to feel productive. If you think you are not able to do it, let your give you a hand.

DIY - DO IT YOURSELF