



## **What Energy is needed to revitalize your Educational Journey?**

Today, the world is living in a crisis. Lebanon, is no exception. The outbreak of the coronavirus, along with the economic challenges, are affecting almost every aspect of our lives. Our plans along with our priorities are under constant revision. And since “drastic times call for drastic measures” we should surf deep into ourselves and come up with whatever shall help us overcome the unprecedented challenges. Emotional Intelligence and Life Skills might come in handy here...

Dear students and colleagues,

I urge you to continue learning and teaching; keep pursuing your dreams. Face the unexpected challenges with exceptional resilience; and remember that actions speak louder than words.

I would like to end my speech with a quote by John Dewey: “Education is not preparation for life; education is life itself”.

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